

September 3, 2024

Hello parents/guardians,

Update on field trips within walking distance

The CBE values the educational benefit of field trips. Field trips close to our school can complement classroom learning by giving students opportunities to explore the community around their school.

Please be advised the process for trips within walking distance of the school has been simplified, excluding restricted activities, e.g. swimming. As parents/guardians, you will no longer need to fill out a consent form for your child to go on a class trip that is walking distance from the school, e.g. to a local park. Appropriate walking distance is determined by the Principal and may vary, depending on the age of the students.

Teachers will provide at least 48 hours' notice when planning a trip to a local site. You will be notified about these trips by email.

The following is a list of sites near the school that teachers may use to complement classroom learning:

Confederation Park	24 th Ave & 14 th Street NW	2 kms
North Mt Pleasant Arts Centre	523 27 th Ave NW	3 kms
Nose Hill Park	5620 14 th Street NW	1.5 kms
Col. Irvine Junior High School	412 Northmount Dr NW	1 km
Community Centre Fields and Playground	Cambrian Heights School	Attached to School

As with any field trip, we want to inform you about some common hazards involved with walking trips to the above locations. Please note this list may not include all of the hazards for a given trip:

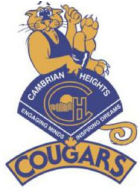
- Slips, trips and falls;
- Getting separated from the group;
- Street crossings;
- Pre-existing medical conditions and/or allergies

If you have any questions regarding field trips within walking distance of the school, please contact me or your child's teacher.

Sincerely,

Todd Webber,
Principal Cambrian Heights School
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Erin Laberee Lee,
Assistant Principal Cambrian Heights School
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September 3, 2024

Dear Parents/Guardians:

Our goal this year is to ensure every student attends school regularly.

Regularly attending school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and in life.

We realize some absences are unavoidable due to health problems and other circumstances. But, we also know when students miss too much school – regardless of the reason – it can cause them to fall behind academically. Your child is less likely to succeed if he or she is chronically absent – which means missing 18 or more days over the course of an entire school year. Research shows:

- Children chronically absent in kindergarten and 1st grade are much less likely to read at grade level by the end of 3rd grade.
- By 6th grade, chronic absence is a proven early warning sign for students at risk of dropping out of school.
- By 9th grade good attendance can predict increased graduation rates.

Absences can add up quickly. A child is chronically absent if he or she misses just two days every month! Clearly going to school regularly matters!

We don't want your child to fall behind in school and get discouraged. Please ensure that your child attends school every day and arrives on time. Here are a few practical tips to help support regular attendance:

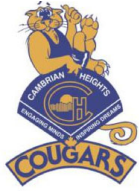
- Make sure your children keep a regular bedtime and establish a morning routine.
- Lay out clothes and pack backpacks the night before.
- Ensure your children go to school every day unless they are truly sick.
- Avoid scheduling vacations when school is in session.
- When possible, schedule appointments outside of school hours.
- Talk to teachers and counselors for advice if your children feel anxious about going to school.
- Develop back up plans for getting to school if something comes up.

Let us know how we can best support you and your children so they can arrive at school on time every day. We want your children to be successful in school! If you have any questions or need more information please contact us.

Sincerely,

Todd Webber,
Principal Cambrian Heights School
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Erin Laberee Lee,
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Engaging Minds,
Inspiring Dreams

IMPORTANT INFORMATION FOR PARENTS

Subscribe to stay informed

Parents/guardians, Due to Canada's Anti-Spam Legislation (CASL), you need to subscribe online if you want to receive email or text messages on "commercial" school topics such as picture days, student fees, eld trip costs, yearbooks, fun lunches and more. If you do not subscribe, you will not receive these messages but you will receive emails on non-commercial topics such as absence and general notifications.

In addition, if you want to receive any text messages from your school or the Calgary Board of Education, you need to opt-in for texts.



1. To subscribe to receive commercial messages by email, go to www.cbe.ab.ca/subscribe to enter your email address and click Subscribe. Use the primary email address on file at the school.



2. To opt-in to receive text messages, text the word YES to the six-digit number 978338.

If your contact information changes, please:

- Inform the school
- Subscribe online again, if your email address changes
- Opt-in for text messages again, if your cell number changes

Please note:

- Your subscription and opt-in will apply to any Calgary Board of Education school that your children attend; however, if you provided different contact information to different schools, you will need to subscribe and opt-in for every email address and cell number.
- Your subscription and opt-in will continue indefinitely unless you withdraw your consent.
- You can withdraw your consent at any time. To unsubscribe for commercial electronic messages go to www.cbe.ab.ca/unsubscribe. To opt-out of receiving any text messages, text STOP to **978338**.
- There is no extra cost to receive SMS messages from the CBE, but standard message rates and data charges from your carrier apply when you receive messages from us. Check with your carrier if you have questions about your plan and costs